






interRAI™

New Zealand

interRAI is:

-  The primary assessment instrument for older people receiving support to live at home or in aged residential care in New Zealand.
-  Comprehensive and standardised.
-  Internationally validated best practice.

In New Zealand:

500,000* completed assessments in the interRAI data warehouse.

72,000* assessments completed in aged residential care facilities in 2017/18.

37,224* Home Care assessments in 2017/18.





5,000* competent assessors.

650* aged residential care facilities.

20 District Health Boards.

5 assessment instruments.

* Approximately

-  Developed by experts from over 30 countries.
-  Funded by the Ministry of Health.
-  Delivered by TAS interRAI Services.
-  Governed by the interRAI New Zealand Governance Board.

Better assessment, better care, better outcomes

How interRAI works






Throughout New Zealand, health professionals in District Health Boards and aged residential care facilities use standardised interRAI assessment instruments to help determine which level of support clients and residents over 65 years old need.



interRAI data from all assessments is aggregated to provide information at provider, regional and national level.

Check out the interRAI data visualisation at www.interRAI.co.nz/data

Assessment instruments in New Zealand:

-  Home Care assessment.
-  Contact assessment – a screening assessment.
-  Community Health Assessment – a modular assessment system.
-  Palliative Care assessment – for adults with a palliative prognosis.
-  Long Term Care Facilities assessment.

interRAI stands for International Resident Assessment Instrument